



General Safety Protocols

These protocols are effective August 2021.

- For the safety of our musicians and staff, we discourage family members from entering the building during rehearsals. Families can park in the lot behind the building and walk their child to the front of the building or they can utilize the drop-off area in front of the building.
- Cars will be asked to stop so the passenger door opens toward the building. Cars will not be allowed to stand or park in the front of the building during the duration of the rehearsals. Please use parking spots in the parking lot directly behind and adjacent to the building. This ensures pick-up and drop-off will be safer and less prone to bottle-necking.
- All musicians and staff are required to wear masks during their time in the building.
- Woodwind and brass musicians must leave their mask on, but should be lowered while playing. Masks should be raised back up during long rests. Flutists must be masked at all times, including while playing.
- All woodwind and brass students will be provided materials where spit valves can be emptied. Musicians will be expected to dispose of these at the end of rehearsal.
- All woodwind and brass players must play with a bell cover on their instrument during rehearsals and performances. Musicians are responsible for replacing their bell cover if it becomes lost or damaged.
- All string players must bring their own rosin. Cellists and Bassists must bring their own rock stop or end pin cover.
- Musicians should use the restroom before rehearsal starts or during the designated breaks.
- Families must notify the VYOA if their musician or someone in their family has contracted COVID-19 and their musician has been at rehearsal within the 14 day timeframe. Names will be kept confidential when musicians and staff are notified for contact tracing purposes.

Attendance

- Musicians should not attend rehearsal if they are sick or displaying symptoms of COVID-19. Symptoms listed by the Vermont Department of Health include:

Fever (100.4 F or higher)	Headaches
Cough	Sore throat
Shortness of breath or difficulty breathing	New loss of taste or smell
Chills	Congestion or runny nose
Fatigue	Nausea or vomiting
Muscle pain or aches	Diarrhea

Protocols for Positive COVID-19 Cases

- In the event that a VYOA member is found to have tested positive for COVID-19 or exhibits significant symptoms of COVID-19, that member may not participate in in-person rehearsals and/or performances for at least 10 days.
- The VYOA will follow all guidelines as outlined by the state health department.
- The VYOA musician must meet the following conditions before returning to any VYOA in-person programming (as per <https://www.healthvermont.gov/covid-19/symptoms-sickness/what-do-if-you-test-positive-covid-19>):

If you **had symptoms**, you can return to rehearsals/performances when all three of these have happened (unless otherwise instructed by your health care provider):

- you have had no fever for at least 24 hours without the use of medicine that reduces fevers, and
- other symptoms have improved (for example, when your cough or shortness of breath have improved), and
- at least 10 days have passed since your symptoms first appeared.

If you **did not have any symptoms**, you can return to rehearsals/performances after 10 days have passed since the date you had your positive test (unless otherwise instructed by your health care provider).